

活出真愛

你快樂幸福嗎？

全球最富有城市排名出爐 香港排名幾多？



全球最富有城市排名	
排名	城市
1	紐約
2	東京
3	三藩市、倫敦
5	北京
6	上海
7	洛杉磯
8	香港
9	悉尼
10	新加坡
11	芝加哥
12	孟買
13	多倫多
14	休斯敦
15	日內瓦
16	法蘭克福
17	大阪
18	首爾
19	巴黎
20	深圳

資料來源：New World Wealth



全球幸福指數排名（部份）

排名	國家／地區
1	芬蘭
2	丹麥
3	瑞士
4	冰島
5	挪威
8	新西蘭
12	澳洲
13	英國
18	美國
25	台灣
31	新加坡
62	日本
78	香港
94	中國內地

★資料來源：聯合國2020年全球幸福報告



2017年全球快樂不快樂地區



排名	國家或地區	
	快樂	不快樂
1	斐濟	伊朗
2	哥倫比亞	伊拉克
3	菲律賓	烏克蘭
4	墨西哥	希臘
5	越南	摩爾多瓦
6	哈薩克	巴西
7	巴布亞新幾內亞	香港
8	印尼	南非
9	印度	土耳其
10	阿根廷、荷蘭	迦納

資料來源：美國民調中心蓋洛普

你快樂幸福嗎？

於是他對眾人說：“你們要謹慎，
遠離一切貪心，因為人的生命並不
在於家道豐富。”（路12:15）

世人所追求的：

- * 地上的財寶
- * 個人的成就
- * 別人的讚許，肯定
- * 家庭幸福，兒女成群
- * 長命百歲
- * 民主自由

信仰所追求的：

* 永生的保險

* 在世的保佑

* 當盡的責任

幸福喜樂及滿足的秘訣：活
在真愛中

幸福喜樂及滿足的秘訣：活 在真愛中

父怎樣愛我，我也怎樣愛你們；你們要住在我的愛裡。（約15:9）

幸福、喜樂及滿足的秘訣： 與耶穌建立真實的關係

* 經歷耶穌的愛

幸福喜樂及滿足的秘訣：活 在真愛中

我不再稱你們為僕人，因為僕人不知道主人所作的事；我已經稱你們為朋友了，因為我從我父那裡聽見的一切，都已經告訴你們了。

(約15:15)

幸福、喜樂及滿足的秘訣： 與耶穌建立真實的關係

* 經歷耶穌的愛

* 讓祂成為你的「知己」

幸福喜樂及滿足的秘訣：活 在真愛中

我把這些事告訴了你們，好讓我的
喜樂存在你們心裡，並且使你們的
喜樂滿溢。 (約15:11)

活出真愛

活出真愛

如果你們遵守我的命令，就必定住在我的愛裡，正像我遵守了我父的命令，住在他的愛裡一樣。

(約15:10)

活出真愛：彼此相愛

¹²你們要彼此相愛，像我愛你們一樣，這就是我的命令。¹³人為朋友捨命，人間的愛沒有比這個更大的了。¹⁴你們若行我所吩咐你們的，就是我的朋友了。

(約15:12-14)



活出真愛：彼此相愛

唯有基督在我們還作罪人的時候為我們死，神對我們的愛就在此顯明了。
(羅5:8)









活出真愛：結出愛果

活出真愛：結出愛果

¹⁶不是你們揀選了我，而是我揀選了你們，並且分派你們去結果子，就是結常存的果子，使你們奉我的名，無論向父求甚麼，他必定賜給你們。¹⁷我把這些事吩咐你們，是要你們彼此相愛。（約15:16-17）

活出真愛：結出愛果

➤ 超越「計算」「世界標準」的揀選

HENRI
NOUWEN

Henri Nouwen is a man in whom opposites seem to dwell side by side. A Catholic priest, author of dozens of widely acclaimed books on spirituality and ministry, Nouwen writes often of Christians' desperate need for reflection and solitude. Yet his gangly, slightly stooped frame moves with nervous, almost frenetic energy. People are in and out of his home and office at all hours, usually beginning around 7:30 A.M. and often until late at night. Every day he is involved with at least one Eucharist service, gives spiritual direction, attends to personal issues, and offers care to many at Daybreak, the community for the mentally and physically handicapped where he ministers just north of Toronto.

And this eloquent exponent of peaceful silence loves to talk. In one interview I managed to pose only three or four questions to Nouwen in as many hours. Each question triggered an unstoppable flow of observations, stories, biblical references. Sometimes he sheepishly apologizes: "Seems I talk so long." But his talk is more than words. He brims with insights about the spiritual life. Once he told a gathering of Baptist ministers, "Ministry is the least important thing. You cannot not minister if you are in communion with God and live in community. A lot of people are always concerned about: How can

WHAT HENRI NOUWEN FOUND AT DAYBREAK

*Experiments in spiritual
living in a secular world.*

"I help people? Or help the youth to come to Christ? Or preach well? But these are all basically necessities. If you are burning with the love of Jesus, don't worry; everyone will know. They will see. I want to get close to this person who is so full of God."

Perhaps the greatest irony concerns Nouwen's present work. This former professor at Notre Dame, Yale, and Harvard now devotes his energies to those whose IQs and disabilities place them on the margins of society. Books such as *The Wounded Healer* and *Creating Ministry* have been textbooks for tens of thousands of seminarians, yet Nouwen frequently addresses those who can understand only the barest rudiments of faith.

There is, however, a certain consistency in the midst of the opposites and ironies, one found not in Nouwen's career accomplishments, but in his faith.

The Daybreak community where Nouwen has served as pastor for eight years is spread throughout the town of Richmond Hill. Its heart is an old farm with several houses, an office building, a meeting hall, a wood shop, and a prayer center. Until recently, the buildings were linked by a gravel road, upon which Nouwen frequently raced between his home and office in a little blue Honda Civic. When the community considered getting the lane paved, some members objected, concerned that would encourage Nouwen to drive even faster.

Life at Daybreak, however, requires patience for the long haul. It is part of L'Arche (French for ark), an international network of residential communities where mentally handicapped persons and their assistants attempt to live together according to the gospel. The first L'Arche community was founded in Trigny, France, by French Catholic layman Jean

盧雲的體會

活出真愛：結出愛果

- 超越「計算」「世界標準」的揀選
- 悉心栽培及付出的過程





活出真愛

活出真愛

- 讓耶穌成為你的知己
- 實踐彼此相愛
- 結出愛的果子

聖餐經文

唯有基督在我們還
作罪人的時候為我
們死，神對我們
的愛就在此顯明了。

(羅5:8)

